



## Key to Life Klíče pro život



Erasmus+

Original language: Czech	Country: Czech Republic	Source: National institute for children and youth Národní institut dětí a mládeže	Link: <a href="http://crdm.cz/download/KPZ-sebeevaluacni-nastroje.pdf">http://crdm.cz/download/KPZ-sebeevaluacni-nastroje.pdf</a> <a href="http://znv.nidv.cz/vystupy-kpz/uznavani-nfv">http://znv.nidv.cz/vystupy-kpz/uznavani-nfv</a> <a href="http://znv.nidv.cz/projekty/realizace-projektu/klice-pro-zivot/">http://znv.nidv.cz/projekty/realizace-projektu/klice-pro-zivot/</a>  16. 8 .2017
Target group <input checked="" type="checkbox"/> Teacher / trainer <input checked="" type="checkbox"/> Counsellor <input checked="" type="checkbox"/> Social worker <input checked="" type="checkbox"/> Youth worker <input type="checkbox"/> future employer <input checked="" type="checkbox"/> other: young people	Type of best practice <input checked="" type="checkbox"/> tool <input type="checkbox"/> initiative/campaign <input checked="" type="checkbox"/> project <input type="checkbox"/> website only <input type="checkbox"/> programme <input type="checkbox"/> model <input type="checkbox"/> training <input checked="" type="checkbox"/> learning material <input type="checkbox"/> other:	Experiences <input type="radio"/> available for more than 5 years <input checked="" type="checkbox"/> available for less than 5 years <input type="radio"/> pilot phase / testing <input type="radio"/> in development <input type="radio"/> unknown	

SEN – Sebeevaluační nástroje aneb Zhodnoť své kompetence získané při práci s dětmi a mládeží.

Tato sada sebeevaluačních nástrojů vás provede procesem poznávání kompetencí, jež jste už díky aktivitám s dětmi a mládeží (ať již v pozici aktivních účastníků a členů sdružení či pracovníků organizací) získali, ale i tím, jak se dále rozvíjet a jak kompetence „přeložit“ do jazyka potenciálních zaměstnavatelů.

Vedle zahraničních příkladů byl v rámci projektu Klíče pro život – Rozvoj klíčových kompetencí v zájmovém a neformálním vzdělávání vyvinut také jeden domácí nástroj – tzv. Osobní kompetenční portfolio (OKP)

Účelem OKP je uvědomit si své znalosti, dovednosti, měkké kompetence, zkušenosti, vzdělávání v oblasti zájmového a neformálního vzdělávání, svou praxi, naučit se to vše pojmenovat a následně prezentovat vzdělavatelům a zaměstnavatelům, zvýšit svou cenu na trhu práce a být úspěšný v životě.

Příručka: <http://crdm.cz/download/KPZ-sebeevaluacni-nastroje.pdf>

If applicable: screenshot of website, logo, activity or similar:



Description:

The Personal Competency Portfolio is a tool for capturing competencies and a place for storing documents on knowledge and skills developed throughout life. Its output is a curriculum vitae that can be printed from the online form of the tool in the form that suits you best - it offers a selection of the experiences and competencies you need to present. To make it as useful as possible, it offers not only a description of your journey through informal education, but also all other "standard" CVs.

By far, the greatest added value of the Portfolio is the know-how developed in cooperation with experts from the National Institute of Children and Youth, the National Institute for Further Education and representatives of NGOs working with children and youth. The Portfolio is based on philosophy that the most important is what one can do and not where and when he learned it. In this spirit, the competencies rank first in the CV. In order to ensure that their description is not comprehensible to the writer alone, the Portfolio adds a comprehensive system of help and guidance texts based on proven competency profiles for positions in the field of work with children and youth. You can create your own portfolio on this link: <http://znv.nidv.cz/okp/vypln-si-okp>

When planning your personal development, it is important to know three things - where am I now (what I have already done), where do I want to get and what draws me there, and finally - how do I get there? On this site you will find many suggestions and activities to help you clarify, draw, or otherwise record it. This will make it easier for you to take steps and make decisions in difficult moments.

- On the “Self-study” page, you will find activities focused on your personality, strengths and competencies .
- “The Motivation, Values and Needs” page is about your wishes, about what's important to you, and what your motivation is - what drives you ahead.
- “The goal, the plan, the way to change” page is to apply your motivations and strengths to your unique life path. It will help you plan changes and achieve your goals.

Individual pages offer you a taste of methods that have been selected from the K2 project titled METHODOLOGY - Competence, Quality, Qualification, (Self) Concept for Non-Formal Education.

Contributing partner: KTP