



IM-PROVE application IM-PROVE aplikácia



Original language:
Czech

Country:
Czech Republic

Source:
Institution's name (author...)
INEX SDA

Link:
<http://improve.inexsda.cz/>
16. 8 .2017

Target group
 Teacher / trainer
 Counsellor
 Social worker
 Youth worker
 future employer
 other: volunteers

Type of best practice
 tool
 initiative/campaign
 project
 website only
 programme
 model
 training
 learning material
 other:

Experiences
 available for more than 5 years
 available for less than 5 years
 pilot phase / testing
 in development
 unknown

Summary:

This international project "Upgrade Yourself" was aimed to create an on-line app on the basis of a learning journal offering volunteers the opportunity to track their own personal growth and translate their experiences in terms of soft skills. The on-line app IM-PROVE scores the competences of the individual volunteers. It helps the volunteers to self-reflect the competences they developed during various volunteering activities (workcamps, youth exchanges, trainings, national projects, EVS, internships...) in various roles (participants of the project, leaders, managers, trainers, facilitators...). The volunteers record their volunteer experience, then their experience is transformed into competences and the volunteers can create a plan for their personal development.



Description:

Development of on-line Learning Journal

The on-line app IM-PROVE scores the competences of the individual volunteers. It helps the volunteers to self-reflect the competences they developed during various volunteering activities (workcamps, youth exchanges, trainings, national projects, EVS, internships...) in various roles (participants of the project, leaders, managers, trainers, facilitators...).

IM-PROVE app:

- translates volunteers' experiences into competences (the users can add concrete situations, which happened during any volunteer project, and the app translates these situations into 14 competences identified in the app)
- lists these situations one behind each other and allows to filter them – as a Learning Diary

- allows the volunteers to plan their next progress by showing situations they haven't been through or by setting up their goal
- generates a "public profile", which can be shared on the outside
- is available in English, Czech and Slovene

In the first year of the project, the app was developed; in 2016 a final pilot version was created. You can start using it easily – just go to improve.inexsda.cz, register and record, what you've been through!

Manual for long-term work with volunteers

This manual is intended for youth workers and non-governmental organizations that are interested in long-term continual work with youth and in linking volunteering with education. In this manual, we present know-how that has been achieved during the existence of the Volunteers Clubs by INEX-SDA (Czech Republic) and Zavod Voluntariat (Slovenia). We believe experience of these two organizations may serve as a good practice example and an inspiration for other NGOs and institutions, which are looking for a strategy on how to involve the volunteers on long-term basis and help them raise their competences to achieve better position in their personal and professional life.

The Manual is available in Czech , Slovene and English.

Other Activities

Joint educational events for volunteer mentors and coordinators from the Czech Republic and Slovenia represented by the project partner organisation Zavod Voluntariat. The aims of these are to share the experience, motivate and educate each other in order to implement the best volunteer projects and to learn the most from them.

Contributing partner: KTP